COVID-19 Prevention

جامعة الملك عبدالله للعلوم والتقنية
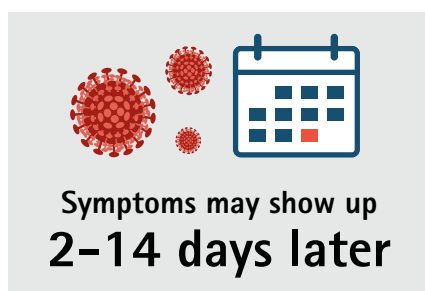King Abdullah University of Science and Technology
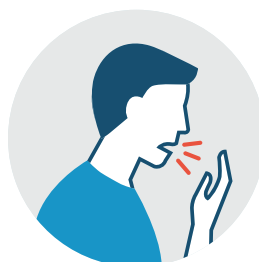
Health, Safety and Environment

About COVID-19

COVID-19(also known as 2019 Novel Coronavirus) is a virus identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China. Early on, many of the patients in the outbreak in Wuhan, China reportedly had some link to a large seafood and animal market, suggesting animal-to-person spread.
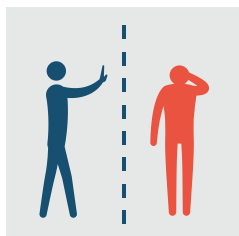
Symptoms

Symptoms may show up
2-14 days later

FEVER

COUGH

SHORTNESS OF BREATH

Everyone can Help

Everyone has a part to play with preventing coronavirus from affecting the University and the community members that support it. This includes helping to prevent the spread of germs. Here's how you can help:
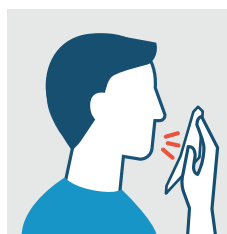
- Keep at least 1m (preferably 3m) away from people who are in quarantine.
- Avoid close contact with anyone who is unwell with a fever or cough or is sneezing.
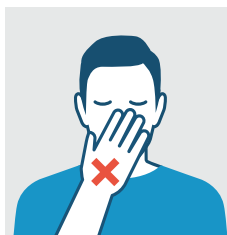
Help to stop catching and spreading germs:

Regularly wash your hands with soap and water and use hand sanitizer if available.
Preferably do both.

Always cover your mouth and nose with a tissue when coughing or sneezing, then place the tissue in a bin.

Use antibacterial wipes or solutions to clean surfaces.

Avoid touching your mouth, nose, and eyes with unwashed hands – germs can enter your body this way.

For further information, the Coronavirus Taskforce is providing regular updates at kh.kaust.edu.sa/coronavirus.

Got suggestions or questions? ✉ healthandsafetymatters@kaust.edu.sa